

Make-A-Wish Foundation® UK World Cup Challenge 2010

Join the Make-A-Wish World Cup Challenge 2010 - a fun-filled initiative raising funds to grant wishes for children living with life threatening illnesses in Northern Ireland.

You can support us by:

- Having a Kit Day (non-uniform) - pupils wearing their favourite sportswear
- Kick To Cape Town (see overleaf for details)

or

- By designing your own fundraising event



Maybe your efforts will make you the winner!

To take part, please fill in the registration form enclosed with this leaflet and return it to your nearest Make-A-Wish office – or ring/email us for more details:

Make-A-Wish Foundation UK

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Make-A-Wish in Scotland

Suite G7, Faraday Business Centre, 34 Faraday Street, Dundee DD2 3QQ

T/F: 01382 836809 **M:** 07740 161988

Make-A-Wish in Northern Ireland

Bryson House, 28 Bedford Street, Belfast BT2 7FE

T/F: 028 90 805580 **M:** 07730 299842

E: info@make-a-wish.org.uk

W: www.make-a-wish.org.uk

What is Kick to Cape Town 2010?

The basic idea

Keen sportsmen and women are going to help Make-A-Wish UK throw/kick/hit a ball all the way to Cape Town, home of this year's football World Cup – a distance of **10,082 kilometres**. At least, that's the story – that is our goal!

Of course, they aren't actually going to go there. Instead they are going to make the ball travel the equivalent distance. The whole thing actually takes place in your local sports ground or park with those taking part passing the ball to each other enough times to have covered the distance. Money is raised by sponsorship.



Do the sums

You need to work out what might be possible depending on the time available and the abilities of those taking part.

- Measure a throw or kick (do not choose the furthest one you can do but one that could be sustained again and again for some time)
- Time how many of these you could fit into 30 mins (factor in tiredness)
- You now know how far you could make the ball travel in one hour

Example

Two players kick the ball between them (distance 20m)) four times a minute.

The ball therefore travels 80m per minute or 4.8km per hour.

Using this figure you can now work out what might be possible for your sports fundraiser depending on time and number of participants etc.

In the example above, if you live 40 miles from London it would take you 8-9 hours kicking the ball to get there.

Other ideas! What about:

- The rugby team throwing a ball all the way back to the town of Rugby, which gave the sport its name
- The netball ball team pitching from one side of the county to the other
- Tennis players rallying

The possibilities are endless. As with all successful sports fundraising you just have to use your imagination and.....tell a good story!